## Agreement of Release and Waiver of Liability

## Baja Cleanse - Baja California Sur, Mexico Trip leader: Tanya Benyo

http://bajacleanse.com

## I hereby agree to the following:

- 1. That I am participating in BAJA CLEANSE BODY CLEANSE DETOX RETREAT WITH TANYA BENYO and potentially other staff members, during which I will receive information and instruction about health and wellness, nutritional counsel, body detoxification program, massage, colon hydrotherapy, life coaching, plant medicine therapy ceremony, and voluntarily participate in a Temazcal ceremony and other excursions and activities. I recognize that these activities require physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
- 2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the BAJA CLEANSE Retreat. I represent and warrant that I am physically fit and I have no medical conditions that would prevent my full participation in the BAJA CLEANSE Retreat.
- 3. I understand that if I am pregnant, I will take necessary steps to ensure my doctor and health care providers know I am participating in this BAJA CLEANSE Retreat. I assert that I am of fit health to participate in the BAJA CLEANSE Retreat and will alert all Teachers and other trip leaders and guides whose sessions I participate in that I am pregnant.
- 4. In consideration of being permitted to participate in the BAJA CLEANSE Retreat, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the BAJA CLEANSE Retreat, including any and all activities done with the BAJA CLEANSE Retreat group, or as an individual.
- 5. In further consideration of being permitted to participate in the BAJA CLEANSE Retreat, I knowingly, voluntarily and expressly waive any claim I may have against BAJA CLEANSE, TANYA BENYO, and staff for injury, death or damages that I may sustain as a result of participating in the retreat. I, my heirs and legal representatives forever release, waive, discharge and covenant not to sue BAJA CLEANSE, TANYA BENYO and staff for any injury or death caused by their negligence or other acts.
- 6. CANCELLATION POLICY I understand the cancellation policy and agree to the terms. Should the event be canceled by BAJA CLEANSE for any reason, all fees will be

refunded to me. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree and confirm being invited to consult legal counsel before signing below.
By signing I agree to the terms in this document:
Date: